

VOYAGILITY

Confidence in motion



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In a world that is evolving rapidly and offering new opportunities, many people, especially those in leadership or with responsibility, are ready to expand beyond their current ways of coping and performing.

We designed this 'voyage' as an inspiring pause: a space to help you step out of the noise, reconnect with your strengths, and discover new ways of thinking, feeling, and acting.

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WHO WE ARE WHEN WE SAY "WE"

- ∴ Backgrounds in theatre, music & art
- ∴ Deep expertise in human development
- ∴ Extensive experience as coaches & facilitators
- ∴ Combined experience in business and the performing arts



David Firth

For over 30 years, David has been helping global clients institute profound practices for leadership engagement that encourage all people to be the source of change, rather than its victims or objects.

This, he suggests, is not a top-down or even bottom-up shift, but an inside-out one.

His books include Unconditional Communication, How to Make Work Fun! The Corporate Fool, and the subject of his TEDx talk, Change Your World One Word at a Time.

For over 15 years, Simone has been supporting individuals, teams, and organisations in developing communication, leadership, and collaboration practices that improve creativity, and engagement.

Before becoming a qualified Business Life Coach and Facilitator, he trained and worked as an actor, singer, and director, earning a bachelor's degree in Theatre Arts and gaining extensive experience in stage performance.



Simone Douani

CREATE YOUR STRONGEST PATH FORWARD.

2½ days

*in an inspiring location,
exploring the unknown with
courage and purpose,
turning uncertainty into
progress, and making every
step a path to discovery.*

We are deliberately inviting
people from across
business sectors and from
all walks of life,

*who are sure on one thing: that
the world is not going to get any
less complex and uncertain.*

We are drawn together by the
desire to meet that future full on
and tap into what makes us most
human: our abilities to imagine,
to choose, and to act.

*From that source, we will create and
declare our strongest paths forward.*



RESULTS YOU WILL TAKE HOME_1.

A transformation of those areas of your life and leadership that you want to move toward mastery.

These will be characterised by your understanding of the unique expertise you bring; no one else will ever be you, but also in terms of focus, ease and a lightness of being.

A robust, authentic and compelling story

for the next stage of your life, free of the limitations and constraints of who you have become, where that no longer works for you.

A renewed sense of purpose

direction and passion that stems from that clarity.

New ways of deepening relationships

with others based on mutuality, love and honesty.



RESULTS YOU WILL TAKE HOME_2.

Powerful communication tools

for sharing your story, encouraging others to share their own – and for co-creating shared stories that bring joint meaning and purpose.

Practices for accessing calm

and profound well-being.

Ongoing virtual support from your fellow participants

and the Voyagility team, to keep these results alive and expanding for you into the future.

No-one else will ever be you, but sometimes you have become a ‘you’ diluted or scattered by the drag of a busy life.

This is a space to reconnect to a life of joy and commitment, without the ‘buts’ and the ‘if onlys’.

It is an opportunity to ask the big questions: “Why do you want to be the real you, and what would that bring to your world?”

WHAT WILL WE BE DOING?

Identifying your living case study.

Before

Gathering clues and signals for change. The workshop

Gather late afternoon.

Workshop DAY 1

Meeting each other.

Creating the space we want to work in.

Exploring the paths that brought us here.

Finding our unique needs and outcomes.

Exploring what is possible.

Workshop DAY 2

Experimenting with different stories, and ways of being.

Small group practices and larger group conversations.

Step-changing our communication and relationship skills.

Discovering and embodying our new story.

Deepening our new story.

Workshop DAY 3

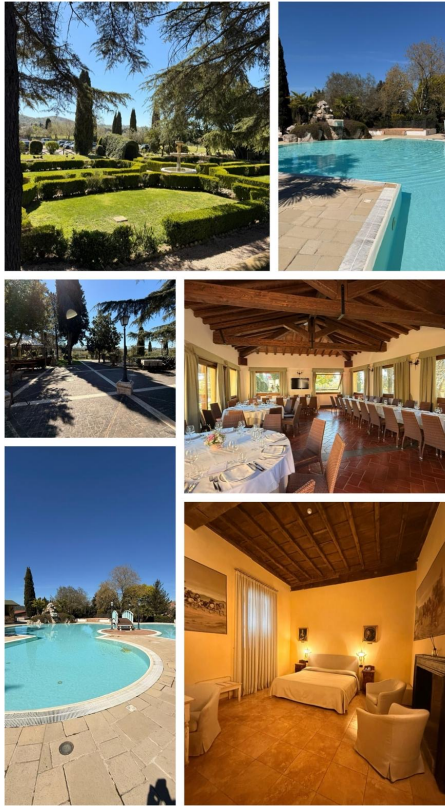
Gaining perspectives and ideas from the group.

Preparing for re-entry to The Real World.

*Anticipating barriers and distractions waiting for us,
creating strategies for success before we leave the room.*

Making commitments for the future.

POTENTIAL VENUES. THE SETTING STILL MATTERS.



Il Postiglione (ITALY)

*Nestled in the peaceful countryside just **OUTSIDE ROME**, Il Postiglione is a historic 15th-century residence surrounded by nature, elegance, and timeless Italian charm.*

Quiet, secluded location in the countryside. A setting that naturally invites reflection and inspiration.

Cormoran Resort (ITALY)

*Set directly on the stunning southeastern coast of **SARDINIA**, the Cormoran Resort is a seaside sanctuary surrounded by crystal-clear waters and white sand.*

Direct access to a private beach with turquoise water. The sea becomes part of the experience.

Swimming pool, sports areas, and open-air settings.



THEATRE-INSPIRED. NOT A THEATRE COURSE.

“

It's an invitation to explore new possibilities through insights from theatre, unlocking fresh approaches to change, creativity, and human development.

In business, we often focus on leadership. Theatre expands that view, showing how collective intelligence and collaboration create something greater than any individual. Every performance is a shared success. Theatre is also a practice of optimism.

“It will be all right on the night”, a common expression from the theatre world, reflects trust, resilience, and a deep belief in what people can achieve together, even under pressure.

The rehearsal room is where potential comes to life. It's a space to experiment, grow, and bring ideas into action, moving beyond thinking into doing.

In this workshop, you step into multiple roles, director, actor, audience, and author, shaping new ideas, new expressions, and new stories for your life and work.

... David and Simone

”



THE IMPORTANCE OF THE REHEARSAL ROOMS.

The rehearsal room is a space where growth is encouraged, and perfection is not required. Here, you can explore, try, and adjust, free from pressure. We don't just talk about change; we experience it together in an exciting and new way.

Practice new ways

of being and responding.

Learn how

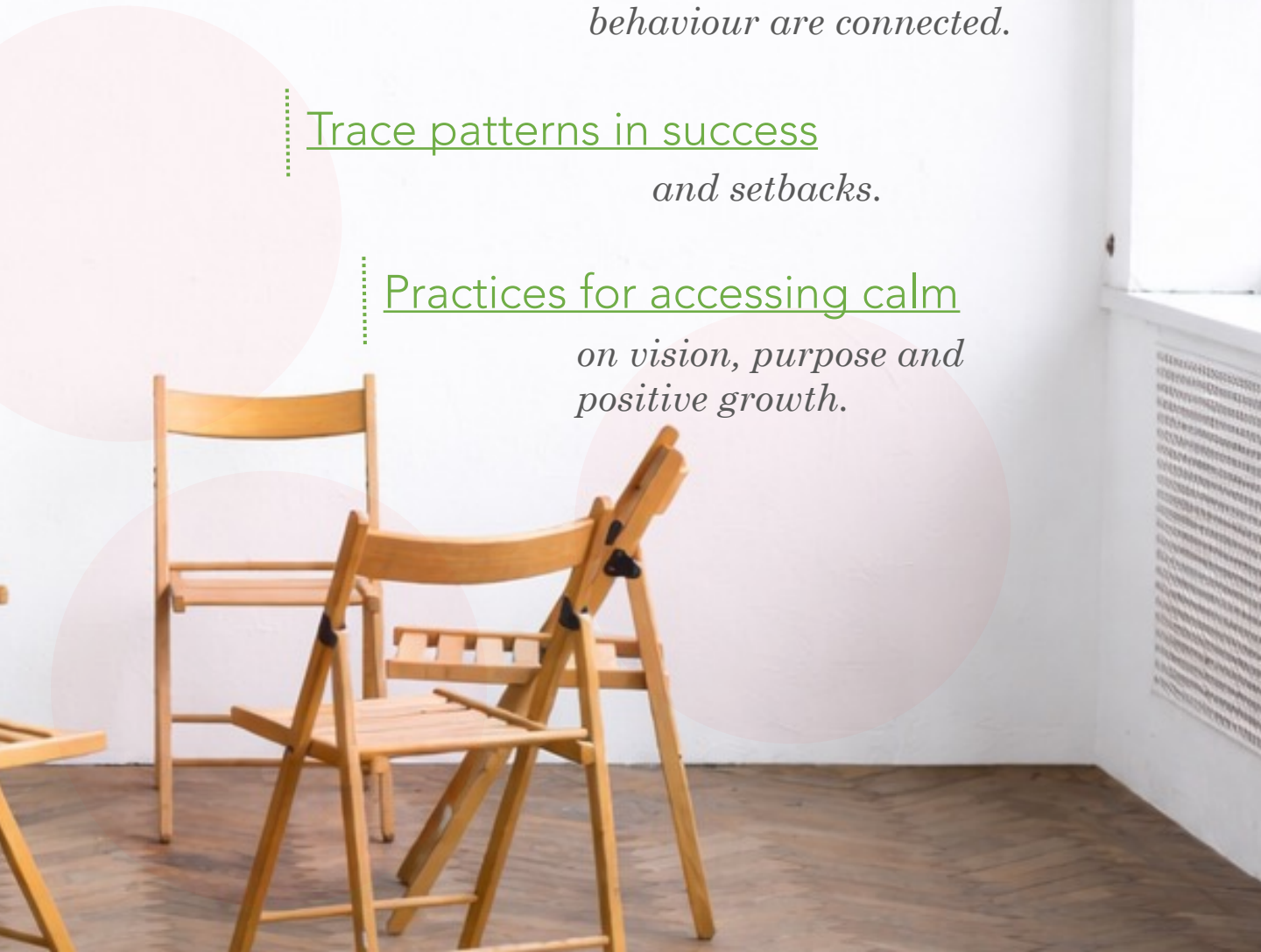
*story, identity, and
behaviour are connected.*

Trace patterns in success


and setbacks.

Practices for accessing calm

*on vision, purpose and
positive growth.*



OUR HUMAN-CENTRED PHILOSOPHY.



At the heart of our work is a simple idea: people flourish when they feel inspired, challenged, and supported.

Growth happens not only through thinking, but also through feeling, doing, creating, and, why not, laughing along the way. When we laugh, we relax, and when we relax, we learn and grow even more.

People don't change

through information alone.

They grow when they are

moved, challenged, and supported.

We create spaces that are

safe, dynamic, and full of potential.

Our work blends artistic

insight with real-world relevance, opening doors to new potential and possibilities.